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**SOCIETY FOR INTEGRATED DEVELOPMENT, HEALTH AWARENESS,  
NETWORKING AND TRAINING (SIDHANT)**

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## **ANNUAL REPORT**



**2023-24**

### **Background**

Developmental growth has in the past brought in its trail urbanization, distortions in resource utilization and distribution aggravating income and wealth disparities, besides ecological consequences. Experiences of development process as hitherto evidence has revealed in sharp focus the need for corrective steps to retard social distress and social injustice. Any development program which does not implicitly reorganized the above limitations would only further aggravate the situation that is already causing concern in the most developing societies.

### **Mission**

“To work towards sustainable development of the poor and disadvantaged section of the society”

### **Vision**

“Equitable and sustainable development of population through innovative approach, participatory action”



## 1. Introduction

The year **2023-24** was marked by significant progress in our initiatives focusing on **HIV/TB awareness, health and hygiene, substance abuse prevention, STI/RTI issues, and skill development** across Haryana, Bihar, and Delhi. Our programs aimed to **educate, empower, and provide healthcare services** to vulnerable populations, ensuring improved health outcomes and socio-economic upliftment.

## 2. Program Highlights

### A. HIV/TB Awareness Program

- Conducted **65 awareness sessions** reaching over **7,800 individuals** in urban and rural areas.
- Provided **HIV testing and TB screening** to **1,200 high-risk individuals**, ensuring early detection and treatment.
- Collaborated with **local health departments and NGOs** for referral and treatment services.
- Organized **World AIDS Day campaigns** across multiple locations, engaging **youth and high-risk groups**.

### B. Health & Hygiene Initiatives

- Conducted **sanitation drives** in slum areas and rural communities, benefiting over **3,000 people**.
- Distributed **1,000+ hygiene kits** containing soaps, sanitary pads, and disinfectants.
- Organized **school health programs** in **15 institutions**, educating students on **personal hygiene and disease prevention**.

### C. Substance Abuse Prevention & Early Intervention

- Reached **4,500 youth and at-risk individuals** through **awareness sessions and counselling**.
- Established **community-based de-addiction support groups** to assist recovering individuals.
- Trained **volunteers and peer educators** to provide **early intervention and referral services**.

### D. STI/RTI Awareness & Treatment Services

- Conducted **mobile health camps** in **10 locations**, offering **STI/RTI screening and treatment**.
- Reached over **4,000 women and adolescents** with **educational workshops on reproductive health**.
- Provided **free medical consultations and medications** to **1,800 individuals**.

### E. Skill Development & Livelihood Programs

- Enrolled **500+ youth and women** in **vocational training programs** (tailoring, computer literacy, handicrafts, etc.).



- Facilitated **job placements and entrepreneurial support** for **150+ beneficiaries**.
- Conducted **financial literacy and self-employment workshops** to empower individuals economically.

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### 3. Key Achievements

- **Increased health-seeking behaviour** among target populations, leading to improved **early diagnosis and treatment adherence**.
- **Strengthened partnerships** with **government agencies, NGOs, and healthcare institutions** to ensure **sustainable impact**.
- **Empowered youth and marginalized groups** through skill development and employment initiatives.

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### 4. Challenges Faced

- **Limited resources** for large-scale interventions.
- **Social stigma** associated with HIV, TB, and substance abuse.
- **Accessibility issues** in remote areas due to poor infrastructure.

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### 5. Way Forward (FY 2024-25)

- **Expand digital outreach** through social media and mobile health applications.
- **Strengthen referral systems** for HIV/TB and STI/RTI treatment.
- **Enhance skill development programs** by introducing **new vocational courses**.
- **Increase community engagement** by training more **peer educators and health volunteers**.

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### 6. Acknowledgments

We extend our sincere gratitude to **government agencies, funding partners, healthcare professionals, and community volunteers** who contributed to the success of these initiatives. Their unwavering support and collaboration have been instrumental in bringing positive change to thousands of lives.

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## GLIMPSES OF ACTIVITY



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